

## Jesus Super Hero VBS Activity Suggestions

### Crafts

Day 1: Decorate their nametag with color pencils; Create a foamy frame kit (purchased from Oriental Trading), pose for pictures with photo booth. Back drop is laid on ground and the child poses like he's flying.

Sample photo:



Day 2: Decorate your cape. A church member made cloth capes and we used markers and glitter glue for them to decorate their cape. The glitter glue didn't work out very well. I recommend markers.

Day 3. Prayer Box. We used a prayer box craft kit purchased from Oriental Trading. We made slips of paper and encouraged children to write down prayer request or names of people that need prayer. Give examples and help them think... policemen, teachers, parents, missionaries, pastors.... You may also want to include the memory verses for VBS.

Day 4: Kids practiced together on the skit and songs for Sunday morning. I found that if the kids are involved in a program the parents will come and everyone benefits. Kids are learning songs and scripture and they share the message with the church congregation and their family members!

### Review Games:

Day 1: **Crystal Search:** (Crystal represents knowledge in Super Hero World): I have 12-14 pieces of 4 x 4 inch squares of bubble wrap with points of the back. The bubble wrap represents the Crystal. Scatter these around the room (point side down) for the kids to search and find.

Divide the class into two teams. Alternate questions between teams, when the team answers the question correctly, the child who answered correctly can search for a crystal and earn the points recorded on the crystal (If that child answers another question, let him chose someone else who hasn't had a turn to search). Play until all questions are asked. Keep record of points. Announce first and second place winners.

Day 2: **Mystery Box:** I use 12 of the prayer boxes before kids decorated them with a Bible Verse reference inside. Each reference is from book of John regarding Jesus our Super Hero. Divide the class into two teams. Explain the game and show them where to find the book of John in the Bible. Alternate questions between the two teams. When a team answers correctly, they get to choose a box, open the box and get the scripture reference. The team has 25 seconds to find the passage and read it. They score 500 pts for correct answer and double score if they find the reference within time limit. If they go pass time limit, they score 100 pts. Play until all questions are asked and announce the first and second place winners. (Allow older children on the team to assist the younger children but remind helpers it's the children's game). (The little boxes will be a craft for the next day.) For younger group I placed "Power" Words with points. Ex: Obey, Believe, Courage, Trust...)

Day 3: Super Hero Mystery Message Hunt: I will have some "Jesus is my Super Hero" eggs (purchased from Oriental Trading) with a letter and points printed on each egg. Scatter the eggs around the room. Divide the class into two teams and explain the game. Ask questions alternating between the two teams. When a team member answers correctly, a team member can search for an egg and discover the letter recorded on the egg and points. Write the letter on a wipe board in the order of where it belongs in secret message: Jesus gives hope. (Draw a blank for each letter on the wipe board and fill in as letters are found). The child finding the egg tries to guess the message. Play until the secret message is discovered. Each correct answer is 500 pts, guessing the secret message is 1,000 points. Then continue to ask questions and score additional points recorded on the eggs. For added interest and points AFTER the secret message is found (if it is) if the child is able to give a reason Jesus is Super Hero starting with the letter on the egg, they can double the points on that egg. For example, if the egg has an M recorded on it and they say, Jesus is Mighty! (Don't allow children to open the eggs, let them know that they will take them home at the end of the day.)

Day 4: Skit practice

### **Recreation:**

Day 1: We have an oversized bowling set; kids can be divided into two teams and score points like in bowling. When kids lose interest (if they lose interest), I have a green light up ball that can represent Kryptonite, while music is playing toss ball like hot potato, when music stops whoever is holding the ball is out. Kids really loved the bowling game.

Day 2: We have a tic tac toe bean bag toss. Kids can be divided into two teams and score a win if they get three in a roll. Rules: If bean bag lands in the center of the line, it is a foul, if lands more in one square than other, it counts for that square. (If a child touches the bean bag, it's a foul.) All children must stand at designated area when tossing bean bag. 1 throw per team. If kids lose interest, we also have another toss game and they score points when the bean bag goes thru a hole.

Day 3 and 4: We rented an inflatable slide for Wed, Thursday (water or dry). I planned on dry for Wed and wet for Thursday and If it was super-duper hot, we would go wet for both days. We informed parents that kids need to bring water-play clothes UNDERNEATH their clothing and a towel, sunscreen. We adjusted the schedule so the children ate earlier and their recreation was after lunch. As it turned out Wed was overcast but we let them slide wet because we weren't sure about the weather on Thurs. On Thursday, the storm came right when we wanted to slide, the slide company let us use the slide on Friday; so, we invited the kids back out. Our snoballs by a church member saved the day when the storm came!

### **Music:**

**Day 1:** Super Hero <https://youtu.be/32onYUCR5UE> (Manna House Kids)

Luke 19:10: <https://youtu.be/G6-4lQYCjg> (Can be purchased at CEFPress.com)

My God is so Great <https://youtu.be/BUp0xJURiv8> ( I cannot find a publishing company)

**Day 2:** Super Hero, Zephaniah 3:17, My God is so Great

**Day 3:** Super Hero, Luke 19:10,

John 11:15 <https://youtu.be/RLgNOQfKc-c>

**Day 4:** Practice for Sunday Program

**Day 3 & 4:** Young Kids Song: Gospel Fuzzies Song @ <https://WeeCanKnow.com/GospelFuzzie>  
You will need to email me at [Phil.Debbie@WeeCanKnow.com](mailto:Phil.Debbie@WeeCanKnow.com) for the password.

### **Missions:**

We had a contest between boys and girls for the offering. This year we showed brief videos from Baptist Global Response and raised money for water filters and other supplies to help third world countries. If boys won, I got ice water bucketed, if girls won, Mr Phil did. If they surpassed our goal, both of us got ice-bucketed. We both got ice-bucketed and kids loved it!